



Academic Curriculum Vitae

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Assistant professor, Department Nursing, Medical-Surgical

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Date of last revision: 2026/06/30

Line and research interests:

- Critical care
- Heart Failure
- AI and Nursing



Education

- PhD in nursing education, Shahid Beheshti University of Medical Sciences
- Master in nursing education in internal/surgery field, Islamic Azad University of Medical Science
- Bachelor's, nursing, Tehran University of Medical Sciences

Professional Experience and Executive Positions

- Assistant professor, Nursing and Midwifery Faculty, Shahid Beheshti University of Medical Sciences since 2018
- Instructor of the Medical-Surgical Department of the School of Nursing and Midwifery 2011- 2018
- Cardiac Nurse at CCU and ICU Units of Cardiac Surgery Wards from 2003 to 2011
- Educational Representative of Nursing Manager of Shahid Modarres Hospital in 2010
- Representative of the Nursing Director of Shahid Modarres Hospital in Standardization of Emergency Trolleys and Conducting CPR Training Classes
- Head of Clinical Affairs of Medical Surgical Department, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
- CPR Committee Instructor, Office of Vice-chancellor for Treatment, Shahid Beheshti University of Medical Sciences, Tehran, Iran, since 2006
- Expert Researcher representing the Vice-Chancellor for Research, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, Tehran
- Head of Department of Nursing Skills, Critical Care Nursing (Master's Degree), Emergency Nursing (Master's Degree) of the Medical-Surgical Department
- Reviewer of Asian Pacific Journal of Cancer Prevention
- Reviewer of Nursing Ethics journal
- Reviewer of Medical Ethics and History of Medicine
- Staff and in charge nurse in Shahid Modarres hospital



Research- Publications

1. Sarmadi, S., Sanaie, N., Boozari Pour, M. *et al.* Physical workload and musculoskeletal disorders among hospital health workers in Tehran, Iran: a cross-sectional study. *Sci Rep* **16**, 19890 (2026). <https://doi.org/10.1038/s41598-026-50921-4>
2. Shahbazi, Z., Boozari Pour, M., Sanaie, N. *et al.* Effectiveness of telemonitoring on clinical outcomes in patients with heart failure: a randomized clinical trial. *Sci Rep* **16**, 18632 (2026). <https://doi.org/10.1038/s41598-026-49399-x>
3. Ryahin, Arman; Shariatpanahi, Shabnam¹; Tehrani, Fereshteh Javaheri¹; Ghasemi, Saeed¹; Boozaripour, Mahsa². Investigating the relationship between perceived social support, self-esteem, and help-seeking behavior of nursing students. *Journal of Education and Health Promotion* 15(1):25, January 2026. | DOI: 10.4103/jehp.jehp_1015_24
4. . Sarmadi S, Sanaie N, Boozari Pour M, Zare-Kaseb A. Physical workload and musculoskeletal disorders among hospital health workers in Tehran, Iran: a cross-sectional study. *Scientific Reports*. 2026 Apr 29.
5. Bahrami T, Ziaei Azarkhavarani F, Rejeh N, Boozaripour M, Farid N, Zayeri F, et al . Antiemetic effects of oral ginger on postoperative nausea and vomiting: A systematic review and meta-analysis. *SJKU* 2025; 30 (4) :110-120. URL: <http://sjku.muk.ac.ir/article-1-8643-en.html>
6. Kunani A, Sanaie N, Boozaripou M, Nasiri M, Shariati E. Effects of Continuous Care Model on Self-Efficacy and Adherence to Treatment in Patients Undergoing Coronary Artery Bypass Grafting. *Evidence Based Care*. 2025 Apr 1;15(1):7-17.
7. Mahsa Boozaripour, Leila Khanali Mojen, Maliheh Nasiri, Maryam Ebrahimpour Roodpoushti, Fatemeh Saleh. Correlation between compassion fatigue and burnout in double-duty nurses. Volume 27, Issue 6, November 2025
8. Boozari Pour M, Moafi M , Emami P . Community Health Nursing and Artificial Intelligence: Empowering Data -Driven Interventions and Personalized Care . *J Community Health Research* 2025 ; 14(1): 244 -245
9. Dadashi N, Khanali Mojen L, Ilkhani M, Nasirie M, Mirzaee HR, Boozaripour M. Effect of Mandala Art Therapy on Quality of Life in Breast Cancer Patients. *Asian Pac J Cancer Prev*. 2025 Jul 1;26(7):2533-2540. doi: 10.31557/APJCP.2025.26.7.2533. PMID: 40729075; PMCID: PMC12510120.
10. Bakhshayesh F, Boozaripour M, Shariatpanahi S. Examining the Effect of Needs-Based Education on the Knowledge of Patients Undergoing Oral Anticoagulant Therapy. *Journal of Multidisciplinary Care*. 2024;13(3):130.

11. Vedad A, Akbarzadeh MA, Emami P, Waldréus N, Boozari Pour M. Investigating Thirst Dimensions in Heart Failure Patients Using the Theory of Unpleasant Symptoms: A Cross-Sectional Study. *J Tehran Heart Cent*. 2024;19(Suppl 1):1-11. doi: 10.18502/jthc.v19is1.18473. PMID: 40979847; PMCID: PMC12445788.
12. Emami P, Boozari Pour M. Enhancing Cardiopulmonary Resuscitation Training Through Virtual Reality Technology: Assessing Efficiency and Impact. *Bull Emerg Trauma*. 2024;12(2):99-101. doi: 10.30476/beat.2024.101899.1498. PMID: 39224471; PMCID: PMC11366266.
13. Goodarzi, E., Esmaeili, R., & Boozari Pour, M. (2023). Studying the Correlation between Dignity and Functional Independence in the Elderly in Tehran in 2020. *Advances in Nursing & Midwifery*, 32(2), 27–33. <https://doi.org/10.22037/anm.v32i2.42268>
14. Boozari pour M, Shahbazi Z, Sanaie N, Jafari Naeinie S. The effect of telemonitoring on the compliance with self-care recommendations in patients with heart failure. ۱۲۶-۱۲۰: (۱) ۱۲; ۲۰۲۳ پرسناری قلب و عروق URL: <http://journal.icns.org.ir/article-1-817-en.html>
15. Habibollah Saadat, Morteza Saafi, Saeed Alipour, Mohammad Hassan Namazi, Hossein Vakili, Mohammad Ali Akbarzadeh, et al. The Effect of Iron Injection on Six Minute Walking Test and Quality of Life in Patients with Heart Failure and Iron Deficiency. *Canon Journal of Medicine*. 2023 March; 4(1), 22-25
16. Farahani, Mansoureh A.¹; Shariatpanahi, Shabnam²; Tehrani, Fereshteh J.²; Boozaripour, Mahsa³. Translation, cross-cultural adaptation, and psychometric evaluation of the Persian version of the Symptom Distress Scale (SDS) in heart failure patients. *Journal of Education and Health Promotion* 12(1):2, January 2023. | DOI: 10.4103/jehp.jehp_1505_21
17. Naseri, V., Pour, M. B., Atashzadeh-Shoorideh, F., & Emami, P. (2023). Nursing students' experience of incivility behaviours and its correlation with their nursing professional values: A cross-sectional descriptive study. *Nursing Open*, 10, 135–141. <https://doi.org/10.1002/nop2.1288>
18. Emami, P., Boozari Pour, M., Zahednezhad, H., Khanali Mojen, L., & Naseri, V. (2022). Investigating the relationship between workplace stressors and caring behaviours of nursing staff in inpatient wards: A cross-sectional study. *Journal of Advanced Nursing*, 78, 1066–1074. <https://doi.org/10.1111/jan.15080>
19. Salim NF, Borhani F, Pour MB, Khabazkhoob M. Correlation between perceived social support and resilience in the family of patients with cancer. *Journal of Research in Medical and Dental Science*. 2019 Feb;7(1):158-62.
20. Boozaripour, M., Abbaszadeh, A., Shahriari, M., & Borhani, F. (2018). Ethical values in nurse education perceived by students and educators. *Nursing ethics*, 25(2), 253-263.
21. Borhani, F., Boozaripour, M., Abbaszadeh, A., & Shahriari, M. (2018). Ethical values in nursing education: a literature review. *Electronic Journal of General Medicine*, 15(3).
22. BABAEI, Z. K., LOGHMANI, L., BOOZARIPOUR, M., & BORHANI, F. (2018). Correlation Between Professional Values and Burnout of Nurses Working in Hospitals Affiliated to Shahid Beheshti University of Medical Sciences in 2017. *Astra Salvensis*.
23. Boozaripour, M., Karimi, Z., Almasi-Hashiani, A., & Borhani, F. (2017). An Investigation of Psychosocial aspect of Iranian Nursing Students' Clinical

Setting. *Middle East Journal of Family Medicine*, 7(10), 193.

24. Boozaripour, M., Abbaszadeh, A., Shahriari, M., Hashiani, A., & Borhani, F. (2017). Care: The first priority of professional values from the perspective of Iranian. *Annals of Tropical Medicine and Public Health*, 10(3).

25. Manoochehri, H., Boozari, M., Hosseini, M., Habibi, G. H., & Karami, M. (2016). Views of nursing students regarding actual and expected condition of clinical environment. *IJPT*, 8(2), 11624-11633.

۲۶. فاطمه خداداد, مهسا بوذری, لیلا خانعلی مجعن, شبنم شریعت پناهی & فرشته جواهری تهرانی. بررسی همبستگی سلامت معنوی و راهبردهای مقابله‌ای در بیماران مبتلا به نارسایی قلبی: یک مطالعه مقطعی. *مجله اخلاق پزشکی-علمی پژوهشی*. 16-1, 19(1),

Selected Short Training Courses

Using Mechanical CPR, 21/10/2010

Pediatric CPR, 17/10/2010

Adult CPR, 25/08/2010

IABP and Nursing Care, 25/08/2010

Nursing care in oxygen therapy and artificial respiration, 12/08/2010

Peritoneal dialysis 08/08/2010

Novelties in Knee Osteoarthritis Symposium, 17/06/2010

Patient safety, 30/06/2010

Adult CPR, 24/02/2009

EKG tape and identification of cardiac arrhythmias and its nursing care 07/01/2010

Nursing care in oxygen therapy and artificial respiration, 03/02/2010

Teaching the principles of patient admission, transfer and dispatch Eleventh Congress of Cardiovascular Novelties, 22/10/2009

Iranian Heart Failure Congress, 2010

Seminar on Addiction, Poisoning and Nursing Care 5-6/01/2010

An Introduction to the Profession for the Newly Employed, 07/09/2009- 29/09/2009

The First Conference of Nursing otorhinology and Oral and Maxillofacial Surgery 04-17/11/2008

Wound Nursing I, 23/06/2008

Ventilator Training Course, 19, 07, 2008

Serum Therapy and Water and Electrolyte Control 29/06/2008

ICDLI & II, 2008

Reporting in Nursing, 16/12/2007

CPR, 14/06/2007

An Introduction to the Laws, Rights and Errors of Nursing 17/10/2007

Supplemental Care 09/09/2007

Nursing care before and after surgery, 19/06/2006

Wound Dressings, 11/06/2006

Patient education, 30/04/2006

Infection control, 05/07/2006

Three-day CCU course, 11/07/2006

25-hour CCU course, 28/06/2006

Nursing and Organ Transplantation, 14/05/2006

Blood transfusion, 02/11/2011

Clinical Governance 23/11/2011

An Introduction to the Laws, Rights and Errors in Nursing 21/12/2011

Cardiopulmonary Resuscitation (CPR), 2011

Educational and learning technology, 01/12/2011

Scholarship, 09-12/07/2012

ATLS Workshop

ANIMAL LAB workshop

EndNote Workshop

Lecturer of workshops and Educational Courses

- 1- Workshop on First Aid and Basic Cardiopulmonary Resuscitation for Mountaineering and Sport Climbing Board of Tehran Province, 26/02/2008, (Office of Vice-Chancellor of Treatment of Shahid Beheshti University of Medical Sciences)
- 2- CPR workshop for Shahid Beheshti Dentistry Dept., (Office of Vice-Chancellor of Treatment of Shahid Beheshti University of Medical Sciences), 01-02/02/2010
- 3- CPR workshop for Shahid Beheshti Dentistry Dept. (Office of Vice-Chancellor of Treatment of Shahid Beheshti University of Medical Sciences), 20-21/10/2012
- 4- CPR Workshop for Paramedics (Radiology-Laboratory) of Modarres Hospital, 2010
- 5- CPR Workshop for Paramedics (Radiology-Laboratory) Modarres Hospital, 2011
- 6- CPR Training Workshop for Nurses of Shahid Modarres Hospital , 2012
- 7- CPR workshop for Shahid Beheshti Dentistry Dept. 16/10/1391 (Office of Vice-Chancellor of Treatment of Shahid Beheshti University of Medical Sciences), 05/01/2013
- 8- CPR workshop for Shahid Beheshti Dentistry Dept. (Office of Vice-Chancellor of Treatment of Shahid Beheshti University of Medical Sciences), 13/01/2013, 04/ 02/ 2013, and 14/02/2013
- 9- Report Writing Workshop of Shahid Beheshti School of Nursing and Midwifery, 18/07/2012
- 10- Injection and Drug Therapy Workshop, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences

Awards & Achievements

1. Certificate of Appreciation from Dr. Iraj Sharifi, Chancellor of Kerman University of Medical Sciences and Health and Treatment Services for Providing Health Care to the Victims of Bam 2003 Earthquake
2. Certificate of Appreciation from Dr. Seyed Ahmad Tara and Ms. Fatemeh Salehi (President and Director of Nursing of Shahid Modarres Hospital) 22/3/2005
3. Certificate of Appreciation from Dr. Alireza Zali, Chancellor of Shahid Beheshti University of Medical Sciences, 26/08/2006
4. Certificate of Appreciation from Dr. Alireza Zali, Chancellor of Shahid Beheshti University of Medical Sciences, 25/11/2006
5. Certificate of Appreciation from Mr. Alireza Taherizadeh, Director of Shahid Modarres Center, 22/01/2007
6. Certificate of Appreciation from Dr. Alireza Zali, Chancellor of Shahid Beheshti University of Medical Sciences, 21/05/2007
7. Certificate of appreciation from Dr. Mohammad Ali Imam Hadi, Vice-chancellor for Treatment of Shahid Beheshti University of Medical Sciences, 20/02/2008
8. Certificate of appreciation from Kaveh Kashefi Head of Mountaineering and Sport Climbing Board of Tehran Province 26/02/2008
9. Certificate of appreciation from Dr. Seyyed Ahmad Tara, Head of Shahid Modarres Center, 17/05/2007
10. Certificate of appreciation from Dr. Mohammad Ali Imam Hadi, Vice-chancellor for Treatment, Shahid Beheshti University of Medical Sciences, and Dr. Mohsen Naraghi, President of the Rhinology and Plastic Surgery Congress, November 2008
11. Certificate of appreciation from Dr. Alireza Zali, Chancellor of Shahid Beheshti University of Medical Sciences, 29/04/2008
12. Certificate of appreciation from Dr. Mohammad Ali Imam Hadi, Vice-chancellor for Treatment, Shahid Beheshti University of Medical Sciences, and Ms. Zohreh Obaati, Director of Nursing and Midwifery of the University, 05/11/2008
13. Certificate of appreciation from Dr. Mohammad Ali Imam Hadi, Deputy of Treatment of Shahid Beheshti University of Medical Sciences, 05/04/2008
14. Certificate of appreciation from Dr. Seyed Sajjad Razavi, Vice-chancellor for Treatment of Shahid Beheshti University of Medical Sciences, 19/05/2009
15. Certificate of appreciation from Dr. Dariush Mahdavi, Director of Organizations, Training and Program Budgeting, 15/03/2010
16. Certificate of appreciation from Dr. Shahin Mohammad Sadeghi, Chancellor of Shahid Beheshti University of Medical Sciences, 27/04/2009
17. Certificate of appreciation from Ms. Zohreh Etaati, Director of Nursing and Midwifery of the University, 19/05/2009
18. Certificate of appreciation from Dr. Seyyed Ahmad Tara, Head of Shahid Modarres Center, 16/05/2009
19. Certificate of appreciation from Mr. Alireza Taherizadeh, Director of Shahid Modarres Center, 7/6/2009
20. Certificate of appreciation from Dr. Seyed Sajad Razavi, Vice-chancellor for Treatment of Shahid Beheshti University of Medical Sciences, 19/05/2009
21. Certificate of appreciation from Dr. Masoud Yavari, Vice-chancellor for Treatment, Shahid Beheshti University of Medical Sciences, and Ms. Zohreh Eataati, Director of Nursing and Midwifery of the University, 2010

22. Certificate of appreciation from Dr. Ramin Goldi, Head of Shahid Modarres Center and Ms. Goli Gorgi, Nursing Director of Shahid Modarres Center, 06/04/2011
23. Certificate of appreciation from Dr. Zaghari, Deputy for Educational Affairs of the aSchool of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
24. Ranking 1st Among the Graduated Ph.D. Students of the School of Nursing and Midwifery of Shahid Beheshti University of Medical Sciences in 2017

